

800

People supported
during some of
the worst times
in their lives



**THE
AMBULANCE
STAFF
CHARITY**

24/7 Ambulance Staff Crisis Phonenumber

Independent and confidential support for
UK ambulance staff experiencing suicidal thoughts

Call 0300 373 0898

www.theasc.org.uk/crisis

Not in a crisis but still need support?
Call 02477 987 988



Run by qualified
counsellors with
experience supporting
blue light workers

