



246

ambulance workers
thinking about suicide
accessed professional
support last year



**THE
AMBULANCE
STAFF
CHARITY**

24/7 Ambulance Staff Crisis Phonenumber

**Independent and confidential support for
UK ambulance staff experiencing suicidal thoughts**

Call 0300 373 0898

www.theasc.org.uk/crisis



Run by qualified
counsellors with
experience of
helping blue light
workers

Not in a crisis but still need support?
Call 02477 987 988

