

TASC's financial wellbeing services

When you're worried about your finances, even simple things like going food shopping can cause a lot of worry and stress.

Money worries can happen to anyone, but if you're really struggling or see no way out, TASC is here to provide independent, confidential, and tailored financial support.

How we work

TASC's in-house money expert has years of experience in supporting people struggling with their finances. From benefits and income maximisation support to information about other places you can access help, TASC is to help you sort out your finances.

When you apply for support, we will assess your situation and then work with you to create a tailored plan of action to improve and control your finances.

Who we support

TASC's financial wellbeing services are open to anyone who has served in an NHS or independent ambulance service for at least 12 months. This includes road crew, call centre staff, support staff and managers.



Other support TASC offers

Self-care resources

TASC's website has lots of information and resources offering advice and ideas to help you cope. Scan the QR code below or visit www.theasc.org.uk to take a look.

Online wellbeing hub

TASC's Online Wellbeing Hub is full of information on a range of health topics. If you register on the platform, you can also access evidence-based therapy modules. Scan the QR code below or visit www.theasc.org.uk to take a look.

Did you know...

TASC also provides services physical rehabilitation and mental wellbeing services? Scan the QR code below or visit www.theasc.org.uk to learn more.

Need help? Talk to TASC

Call: 02477 987 922 9am - 5pm, Mon - Fri

Email: support@theasc.org.uk





@TASCharity

Follow TASC on social media

Paul's story

After Paul reduced his hours at work to care for his daughter, he felt isolated and started to struggle with his finances.

TASC arranged for Paul to receive support from our in-house Money Expert who helped him apply for Universal Credit.

Paul can now breathe a little easier and is now able to make long-term plans for his family and career.

“I don't like asking for help...but I decided to give TASC a call and I'm so glad I did.”

Paul, Technician, Nottinghamshire



Be there for our ambulance family in their time of need.

As a UK charity, TASC relies on your support to continue providing our life-changing services.

Right now things are tougher than ever, and as a charity, TASC relies on your support to continue providing our life-changing services for people like Paul.

How you can support us

- Join our email list
- Sign up to a TASC challenge
- Create your own fundraising event
- Follow us on social media

Scan the QR code below or visit www.theasc.org.uk to find out more.

