



## Our partnership with the Christian Ambulance Association



Christian  
Ambulance  
Association

This month we are excited to announce our partnership with the Christian Ambulance Association (CAA). They have generously donated £500 to TASC and plan to donate a further 10% of their income from 2020/21.

**“The Christian Ambulance Association are delighted to support TASC, to help care for the mental, physical and emotional wellbeing of those in the ambulance community.”**

CAA is a community of Christians who work in the NHS or private ambulance services or who have moved into other parts of the health and care system. They currently have 350 members scattered across the UK and welcome all members of the ambulance community, including students and retirees.

You can learn more about CAA by visiting [caauk.org](http://caauk.org) and on their social media channels at @ChristianAmbUK.

You can also get in touch with them at [contact@caauk.org](mailto:contact@caauk.org).

If you want to know more about becoming a corporate partner, please visit [www.theasc.org.uk/become-a-corporate-supporter](http://www.theasc.org.uk/become-a-corporate-supporter).

## Product of the month

After popular demand, we have relaunched our OddBalls underwear range, now also featuring ladies' boxershorts!

Get a head start on your Christmas shopping and visit our online shop at [www.theasc.org.uk/shop](http://www.theasc.org.uk/shop) to view the full range!

The range is very popular, so make sure you look before they're gone!



## Fundraiser of the month

### Sam Rhodes' Swim Challenge

Sam, who works for the South East Coast Ambulance Service (SECAmb), has set out on a swim challenge to raise vital funds for TASC.

She is aiming to swim one length for each of her SECAmb colleagues, totalling 4,728 lengths, in only six months!

She is also hoping to raise £4,728 - £1 for every one of her colleagues.



“I want to raise money for The Ambulance Staff Charity for those members of staff who feel that they are struggling. We spend so much of our time caring for others and it's time to put more emphasis on looking after ourselves and our colleagues.”

To help Sam reach her fundraising target, and to read her story, please visit [www.justgiving.com/fundraising/samrhodes-amb](http://www.justgiving.com/fundraising/samrhodes-amb).

## Win a Tropic Skincare Gift Bag!

This month we are launching our first ever TASC competition where we want to hear YOUR ideas!

### What events would you like to see TASC do in 2022?

Email your suggestions to [fundraising@theasc.org.uk](mailto:fundraising@theasc.org.uk) by December 1<sup>st</sup> for a chance to win. Anyone can participate and you can send in as many suggestions as you like

The winners will receive an exclusive Tropic Skincare gift bag with a variety of up to 5 Tropic Skincare products! Potential products include body scrubs, luxury bath foams and a Deep Hydration face mask.

The Tropic Skincare range is vegan and cruelty-free.



### The difference you make

## Charlotte's story

Charlotte came to TASC after she injured her back which forced her to do alternative duties. To support her recovery, TASC provided funding for Charlotte to attend a two-week residential programme.

**"I am more confident than ever that I will eventually be able to return to my frontline duties rather than looking for an alternative career, and it's all thanks to TASC."**

Charlotte. Associate Ambulance Practitioner. Buckinghamshire



## Santa Dash

There is still time to sign up for our Santa Dash on 11<sup>th</sup>-12<sup>th</sup> December!

Bring your friends and family and complete a 5k walk or run in festive clothing to raise vital funds for TASC!

If you raise over £50 you will receive a FREE TASC Santa Hat!

The Santa hats can also be purchased in our online shop at [www.theasc.org.uk/shop](http://www.theasc.org.uk/shop)

To learn more about the Santa Dash, please visit: [www.theasc.org.uk/fundraising-events](http://www.theasc.org.uk/fundraising-events).



Ambulance staff have a mentally and physically challenging job, and many need support right now. Supporting TASC with a regular donation means we can be there in their moment of crisis. To sign up to regular giving or make a donation please visit: [www.theasc.org.uk/donate](http://www.theasc.org.uk/donate)

