



Ben and Chloe raise £3,000 for TASC!

On August 31st, Ben and Chloe set out to North Wales to complete their Velocity 2 Zip Wire Challenge for TASC!

The pair are both terrified of heights, but bravely faced the 222-metre high zipwire to help support their colleagues' mental health. Ben said:

“We must raise money for vital causes because if we can't help our own staff's mental health then how can we help patients?”

To learn more about fundraising for TASC, please visit www.theasc.org.uk/fundraising.



Take a challenge for TASC

This autumn is a great opportunity to Take a Challenge for TASC! Do anything you want – learn a new skill, jog, paint, run, bake, or do something you have never done before – to raise vital funds for TASC.

Choose an activity or challenge, set your fundraising target and have fun! Make sure you promote your challenge so your friends and family have a chance to support you – or to do a challenge of their own!

This event happens on your own time and terms which is a great way to discover a new hobby while also helping TASC support the ambulance community in their time of need. To learn more, please visit: www.theasc.org.uk/fundraising/take-a-challenge-for-tasc.



Fundraisers of the month

Team SCAS

In September 2022, over 20 courageous team members from the South Central Ambulance Service (SCAS) will begin the 10-day trek to climb almost 6km to the top of Mount Kilimanjaro in Tanzania.



Climbing Mount Kilimanjaro is a very demanding and physical undertaking which will see the team journey through dense tropical rainforests, all the way to the snow-capped peaks.

With one year to go, the team are undertaking weekly practice walks, hikes and training to get into shape for the trek.

The team, led by paramedics Quoc Vo and Juliet McGill, are completing their challenge to raise vital funds for TASC. To help the team reach their fundraising target, please visit www.justgiving.com/fundraising/teamscas.

The National Ambulance Memorial Service



Every two years, TASC hosts the National Ambulance Memorial Service to remember and honour the members of the ambulance community who have passed away while in service.

Last years' service was unfortunately postponed due to COVID-19 and it will now be held on 16th September 2021 at the National Memorial Arboretum.

To read more about our Memorial Service, please visit www.theasc.org.uk/our-memorial.

Product of the month

Our beautifully crafted memorial badge honours the members of staff who have lost their lives while in service. All profits from this badge will help TASC continue to provide vital mental, physical and financial wellbeing services to the UK's ambulance community in their time of need.

Grab your badge at: www.theasc.org.uk/shop



Skydiving highlights

The Fantastic 4

Last month the team from Harper Fields Care Home finally got to complete their Skydiving Challenge!

They surpassed their £1,600 fundraising target and raised over £2,000 for TASC!

This amazing amount could provide 33 sessions for people struggling with their mental health!

Elizabeth Fry

Elizabeth is planning a Skydive challenge to raise vital funds for TASC! In her own words: "I am hurling myself out a plane for The Ambulance Staff Charity because our Green Family need us now more than ever."

Help Elizabeth reach her fundraising target at: www.justgiving.com/lizzyfryskydives

Feeling inspired? Visit www.theasc.org.uk/fundraising to learn more about our year-round skydiving opportunities in Salisbury!

Ambulance staff have a mentally and physically challenging job, and many need support right now. Supporting TASC with a regular donation means we can be there in their moment of crisis. To sign up to regular giving or make a donation please visit: www.theasc.org.uk/donate

