



THE AMBULANCE STAFF CHARITY

With your help, we can make a real difference to the people in our ambulance community, people like Liam.

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Liam's symptoms are triggered every time he attends a road traffic collision, affecting his ability to do his job.

Liam's symptoms are making him irritable and withdrawn and affecting his relationship with his loved ones.



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Liam is a paramedic suffering with PTSD symptoms after attending a road traffic collision involving multiple casualties.

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Liam hears about TASC from a notice board in his station and decides to give the charity a call.



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TASC's in-house counsellor assesses Liam's application, deciding CBT (cognitive behavioural therapy) is the best treatment pathway. TASC agrees to fund 6-12 sessions of CBT.

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Liam speaks to Ruth, a TASC Telephone Advisor, about his symptoms. Ruth fills out an application form for Liam while he is on the phone and says he will hear back within the next 10 working days.



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Ruth identifies a counsellor that can work with Liam and contacts him to discuss. Following Liam's consent, Ruth contacts the counsellor to confirm the details so that his treatment can begin.

As his treatment progresses, Liam is feeling much better using coping strategies to deal with his triggers. His relationships are improving and he feels more in control at work. Liam and his counsellor are content that he does not need any further sessions.

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After Liam's second session with his counsellor, Ruth contacts him again to check he is comfortable. Liam confirms that he is happy with how he's progressing.



Everything we do is made possible through the support of organisations like yourselves. There are so many ways that you can get involved with TASC and help be there for the ambulance community in their time of need.

Contact fundraising@theasc.org.uk to learn more.